



SOUTH AFRICAN ACADEMY OF
FAMILY PHYSICIANS
23rd National Family Practitioners Congress

Hosted by



UNIVERSITEIT VAN PRETORIA
UNIVERSITY OF PRETORIA
YUNIBESITHI YA PRETORIA

13-14 August 2021, Virtual Congress

SAAFP PROVISIONAL PROGRAMME

THURSDAY, 12 AUGUST 2021

TIME	DESCRIPTION	PRESENTER		
INDUSTRY WORKSHOPS / SYMPOSIA Chairperson: Dr. P Mahuma				
14:00 – 16:00	Insulin Workshop	Dr Hoosen Ahmed Randeree & Dr Sundeep Ruder	Hosted by Novo Nordisk	
17:00 – 18:00	Industry sponsored symposium - The Melanoma Landscape- where are we in 2021	Dr DK Whitaker	Hosted by MSD	
18:30 – 19:30	Industry sponsored symposium - The Single pill of Perindopril, indapamide and amlodpine - a New Approach in the management of Hypertension	Dr M Heradien	Hosted by Servier	

FRIDAY, 13 AUGUST 2021

TIME	DESCRIPTION	PRESENTER		
OPENING SESSION - Chairs: Prof B Mash & Prof O Omole				
08:00 – 08:45	Welcome and Introduction			
08:00 – 08:05	• Introduction			Prof I Govender, Convenor
08:05 – 08:15	• Welcome			Prof B Mash, SAAFP President
08:15 – 08:30	• Message from Dean of Health Sciences, University of Pretoria			Prof T de Jager, Dean of Health Sciences, UP
08:30 – 08:45	• Message from MEC of Health Gauteng			Dr Nomathemba Mokgethi, MEC Health, Gauteng
08:45 – 09:00	Commemoration of Health Care Professional Victims of COVID-19			Prof Langelibalele Mabuza
09:00 – 09:55	Plenary Session 1 Guest Speaker <i>Covid 19 – COVID-19 in South Africa: The good, the Bad and the Complicated</i>			Prof Salim Abdool Karim
09:55 – 10:40	Plenary Session 2 <i>State of COVID-19 vaccines in Africa</i>			Prof Shabhir Madhi
10:40 – 11:10	Comfort Break			
11:00 – 11:10	Announcements & entry into sessions: Prof Klaus von Pressentin			
11:10 – 13:00	SESSION A.1: WORKSHOP Chair: Prof Richard Cooke	SESSION B.1: SEMINARS Chair: Prof JV Ndimande	SESSION C.1: CLINICAL PRACTICE UPDATE Chair: Prof Mergan Naidoo	SESSION D.1: RESEARCH PRESENTATIONS Chair: Prof Gert Marincowitz
11:10 – 12:05	A.1.1 <i>A Taste of Motivational Interviewing</i> Loren Jordaan & Dr Zelra Malan	B.1.1 <i>Prioritising “already-scarce” intensive care unit resources in the midst of COVID-19: a call for regional triage committees in South Africa</i> Dr K Naidoo Ethics	C.1.1 <i>The management of chronic kidney disease in SA- The role of the family physician in a multidisciplinary team</i> Prof Alain Assounga	D.1.1 (Abstract no. 8) <i>Community-orientated primary care: a scoping review of different models, and their effectiveness and feasibility in sub-Saharan Africa</i> - Prof Bob Mash
				D.1.2 (Abstract no. 31) <i>Rural doctors' lived experiences of clinical courage</i> - Prof Ian Couper
12:05 – 12:15	Comfort Break	Comfort Break	Comfort Break	D.1.8 (Abstract No. 44) <i>Teenager engagement in sexual activity – exploring practices and reasons for having sex</i> - Dr Zakariya Badat

				<i>D.1.4 (Abstract no. 52) Household factors associated with incomplete immunization of children under five years of age in the Ekurhuleni district - Dr Matjatji Choeu</i>
12:15 – 13:10	<i>A.1.2 Reengineering examinations in the face of COVID-19: a stop gap measure or a long-term option</i> Prof Vanessa Burch	<i>B.1.2 "Caring" in the context of COVID-19</i> Prof Bernhard Gaede	<i>C.1.2 Gender based violence in the district</i> Dr Mike Lukhozi	<i>D.1.5 (Abstract No. 57) Primary Care with Purpose: A Qualitative Study exploring the health Care Desires of Homeless Mothers in the City of Tshwane - Dr Masego Moema</i>
				<i>D.1.6 (Abstract No. 60) Reasons given by non-emergency patients received at Jubilee District Hospital for bypassing their designated local clinics - Dr Tebogo Thaba</i>
				<i>D.1.7 (Abstract No. 84) Introducing Whole Brain® thinking in clinical practice to address authentic real-life problems such as a pandemic: A quest for transforming a first-year module of a BCMP programme - Dr M Olifant</i>
				<i>D.1.3 (Abstract no. 46) Profile and obstetric outcome of teenage pregnancies compared to pregnant adults at a district hospital in KwaZulu-Natal - Dr I Ogunwale</i>
13:10 – 14:00	Virtual Poster Presentations and Exhibitor Session		Lunch Break	

AFTERNOON PLENARY SESSIONS – Chair: Prof Honey Mabuza				
14:00 – 14:45	Plenary Session 3 <i>JC Coetzee Lecture</i> Covid 19 Infection and Maternal Health			Prof Priya Soma-Pillay
14:45 – 15:30	Plenary Session 4 Covid 19 & PHC Professionals in Africa			Dr Vincent Setlhare
15:30 – 15:45	Comfort Break			
15:45 – 17:50	SESSION A.2: WORKSHOPS Chair: Dr Martin Bac	SESSION B.2: SEMINARS Chair: Dr K Hlabyago	SESSION C.2: CLINICAL PRACTICE UPDATE Chair: Dr T Ras	SESSION D.2: RESEARCH PRESENTATIONS Chair: Prof H Brits
15:45 – 15:50	Announcements & entry into sessions: Prof Klaus von Pressentin			
15:50 – 16:45	A.2.1 <i>The role of the family physician in palliative care in the Netherlands and some ethical dilemmas</i> Dr Frans P.M.Baar (NL) Ethics	B.2.1 <i>Psychosocial and sexual care pathway in cancer patients in Africa</i> Dr P Ramlachan	C.2.1 <i>Schizophrenia diagnoses and management in PHC</i> Prof L Robertson	D.2.1 (Abstract No. 9) <i>The quality of feedback from outpatient departments at referral hospitals to the primary care providers in the Western Cape: A descriptive survey</i> - Prof Bob Mash D.2.2 (Abstract No. 19) <i>Using poster presentation to assess large partnership publicly-funded primary healthcare facilities to optimise antibiotic prescribing in the Western Cape: an exploratory study</i> - Prof Andrew Ross
16:45 – 16:55	Comfort Break	Comfort Break	Comfort Break	D.2.3 (Abstract No. 23) <i>Knowledge and practices of seeking informed consent for medical examinations and procedures by health workers in the Democratic Republic of Congo</i> - Dr Doudou Nzaumvila D.2.4 (Abstract No. 47) <i>The training of medical students in generalist medical practice and challenges encountered: students' experiences in four South African medical schools</i> - Prof Langalibalele Mabuza

16:55 – 17:50	A.2.2 COVID-19: End of Life Decisions in the Emergency Unit Dr Liesl Botha Ethics	B.2.2 Diabetes in the Covid era Dr Fraser Pirie	C.2.2 Responding to Substance use and Dependence in the District Mr Shaun Shelly	D.2.5 (Abstract No. 55) Integrated longitudinal community clerkship: What is out there for the students? - Prof Olukayode Adeleke D.2.6 (Abstract No. 59) Setting up Multidisciplinary team meetings in the mental health unit of a district hospital in Tshwane - Dr Nabeela Mohamed D.2.7 (Abstract No. 66) Evaluation of the quality of communication in consultations by general practitioners in Primary care settings. Nairobi, Kenya: Descriptive observational cross-sectional study - Dr Gulnaz Mohamoud D.2.8 (Abstract No. 21) Perceptions of postgraduate Family Medicine supervision at decentralised training sites from a South African university- Dr Neetha Joe Erumeda
18:00 – 19:00	Industry sponsored symposium – “Acquired Haemophilia A: Association with infections & auto-immune diseases” (Prof Moosa Patel) Hosted by Novo Nordisk			
19:30 – 20:30	Industry sponsored symposium – “Once Weekly Ozempic: Changing the diabetes landscape in South Africa” (Dr Zaheer Bayat) Hosted by Novo Nordisk			

SATURDAY, 14 AUGUST 2021

TIME	DESCRIPTION	PRESENTER		
07:30 – 08:15	Industry Sponsored Symposium - First Injectable Therapy in Type 2 Diabetes (Dr Aslam Amod) Hosted by Lilly			
MORNING PLENARY SESSIONS Chair: Prof Shabir Moosa				
08:30 – 08:40	Welcome and Introduction Announcements			Prof Shabir Moosa
08:40 – 09:30	Plenary Session 5 <i>KM Seedat Lecture:</i> <i>The family practitioner's response globally to COVID 19</i>			Prof Amanda Howe
09:30 – 10:20	Plenary Session 6 <i>Colliding claims: equity and human rights in pandemic times</i>			Prof Laurel Baldwin-Ragaven
10:20 – 10:50	COMFORT BREAK			
10:50 – 13:00	SESSION A.3: WORKSHOPS Chair: Prof P Yogeswaran	SESSION B.3: SEMINARS Chair: Prof J Hugo	SESSION C.3: CLINICAL PRACTICE UPDATE Chair: Dr S Rangiah	SESSION D.3: RESEARCH PRESENTATIONS Chair: Dr Elizabeth Reji
10:50 – 11:00	Announcements & entry into sessions: Dr Elizabeth Reji			
11:00 – 11:55	A.3.1 <i>Intrapartum care and obstetric haemorrhage</i> Dr Valerie Vannevel & Dr Tsakane Hlongwane	B.3.1 <i>Train the Clinical Trainer(TCT)</i> Prof H Brits	C.3.1 <i>COVID-19 management pitfalls and challenges in primary health care settings</i> Dr P Kaswa	D.3.1 (Abstract No. 10) <i>Preparedness level of front-line healthcare professionals in Tshwane regarding the COVID-19 pandemic</i> - Dr Tombo Bongongo
11:55 – 12:05		Comfort Break	Comfort Break	D.3.2 (Abstract No. 15) <i>Evaluation of patient characteristics, management and outcomes for COVID-19 at district hospitals in the Western Cape, South Africa: descriptive observational study.</i> - Dr Mellisa Vollenhoven
12:05 – 13:00		B.3.2 <i>Palliative care from home to tertiary hospital</i> Rene Krause & Team Ethics	C.3.2 <i>The science behind resuscitation and 2020 AHA guidelines revisited</i> - Dr Steven C. Brooks & Lynette Thomas	D.3.3 (Abstract No. 41) <i>The General Practitioner – the opportunity of the Covid19 pandemic to boost their crucial role</i> - Dr Brian Ruff

			<p><i>D.3.4 (Abstract No. 43) Describing the use of tramadol as management for acute opioid withdrawal during the COVID-19 lockdown in a peri-urban setting in Tshwane, South Africa - Dr Urvisha Bhoora</i></p>
		<p>B.3.3 <i>Patient case study illustrating ethical issues</i> Dr Shannon Odell</p>	<p><i>D.3.5 (Abstract No. 45) Harm reduction in an emergency response to homelessness during South Africa's COVID-19 lockdown - Dr Jan Heese</i></p>
			<p><i>D.3.6 (Abstract No. 51) Measuring the impact of reduced in-facility service availability in primary care facilities on patients with type2 diabetes mellitus during the COVID-19 pandemic in Cape Town: did home delivery of medication help? – Dr Neal David</i></p>
			<p><i>D.3.7 (Abstract No. 73) Implementation of GREAT4Diabetes voice messages in WhatsApp to educate and empower patients with type 2 diabetes during the COVID-19 Pandemic, South Africa - Dr Darcelle Schouw</i></p>
			<p><i>D.3.8 (Abstract No. 79) Health service delivery in homeless city shelters during the first three months of Covid-19 lockdown in Tshwane, South Africa - Dr Edith Madela-Mtla</i></p>
13:00 – 13:55	Virtual Poster Presentations & Exhibitor Session		Lunch Break
13:55 – 14:00	Announcements		Prof Bernard Gaede

AFTERNOON PLENARY SESSIONS – Chair Prof Bernard Gaede				
14:00 – 14:45	Plenary Session 7 Covid 19 and HIV infection			Prof Theresa Rossouw
14:45 – 15:30	Plenary Session 8 Covid 19 infection and Children			Prof Robin Green
15:30 – 15:45	Comfort Break			
15:45 – 17:50	SESSION A.4: WORKSHOPS Chair: Prof Richard Cooke	SESSION B.4: SEMINARS Chair: Prof Derek Hellenberg	SESSION C.4: CLINICAL PRACTICE UPDATE Chair: Prof Andrew Ross	SESSION D.4: RESEARCH PRESENTATIONS Chair: Dr Ozo Ibeziako
15:45 – 16:40	A.4.1 <i>Treatment and prevention of stress and burnout among clinicians</i> Janine Kirby & Prof Hoffie Conradie	B.4.1 <i>My personal experience COVID 19 infection</i> Prof Mergan Naidoo & Dr Marthinus Heystek C.4.1	Approach and management of Autism spectrum disorders in the PHC setting. Dr MIH Khan	D.4.1 (Abstract No. 17) <i>Traumatic experience of immigrants and how the migration process and losses they experience results into stressful psychological acculturation and behaviour change</i> - Mr Rowan Madzamba
				D.4.2 (Abstract No. 29) <i>Prevalence and associated factors of intimate partner violence amongst women attending prevention of mother to child transmission services in Blantyre, Malawi</i> - Dr Genesis Chorwe-Sungai
16:40 – 16:55		Comfort Break	Comfort Break	D.4.3 (Abstract No. 35) <i>Diabetes in the Cape Town Metropole – a secondary analysis of the diabetes cascade database 2015 – 2020</i> - Dr Megan Boake
				D.4.4 (Abstract No. 50) <i>Review of parasuicide cases in a South African district hospital, from 2013 to 2018.</i> - Dr Tombo Bongongo

16:55 – 17:50		<p>B.4.2 <i>Thromboembolic diseases and Covid 19</i> Prof Naresh Ranjith</p>	<p>4.3.2 <i>Mental Health - during the COVID 19 pandemic and lock down</i> Dr HV Mamorobela</p>	<p><i>D.4.5 (Abstract No. 53) Outcomes and Novel Insights from Treating Drug Resistant Tuberculosis at two rural District Hospitals, Eastern Cape Province, South Africa - Dr John D Lotz</i></p> <p><i>D.4.6 (Abstract No. 54) Making children happier in the ward: Quality improvement approach - Prof Olukayode Adeleke</i></p> <p><i>D.4.7 (Abstract No. 62) Patient Alcohol Consumption and Knowledge of Safe Alcohol use at Dr. George Mukhari Academic Hospital, Pretoria - Dr Kamelia Nashed</i></p> <p><i>D.4.8 (Abstract No. 64) Trauma patients at the Helderberg District Hospital emergency centre, South Africa: A descriptive study - Dr Trevor Marle</i></p>
17:50 – 18:00	Comfort Break			
18:00 – 18:30	SAAFP Awards and Vote of Thanks - Edith Madela-Mntla / Indiran Govender			